

We are making preparations for your time with us, please provide detailed information.

Name :		Gender: M / F	
Date :	Date of birth :	Height :	Weight :
What method do you prefer?	<input type="checkbox"/> Skis	<input type="checkbox"/> Snowboard	<input type="checkbox"/> Telemark
Type - brand, size ?			

How would you rate yourself on snow: beginner, intermediate, expert

How much experience do you have skiing/boarding off-piste

Describe your backcountry experience and current level of fitness

What are your key objectives that you wish to achieve on this trip?

What concerns do you have about this trip ?

Do you have any injuries or other conditions that your guide needs to be aware of?

Do you have any special dietary requirements?

I am confident skiing/boarding on exposed (visibly high) terrain (1=no ; 5= confident) :

I am confident skiing/boarding on steep terrain (1=no ; 5= confident) :