

# ready to rock

  
season  
Nov- Apr

  
access  
local crags

  
guide ratio  
up to 1:4



Bonus

all gear provided except rock shoes

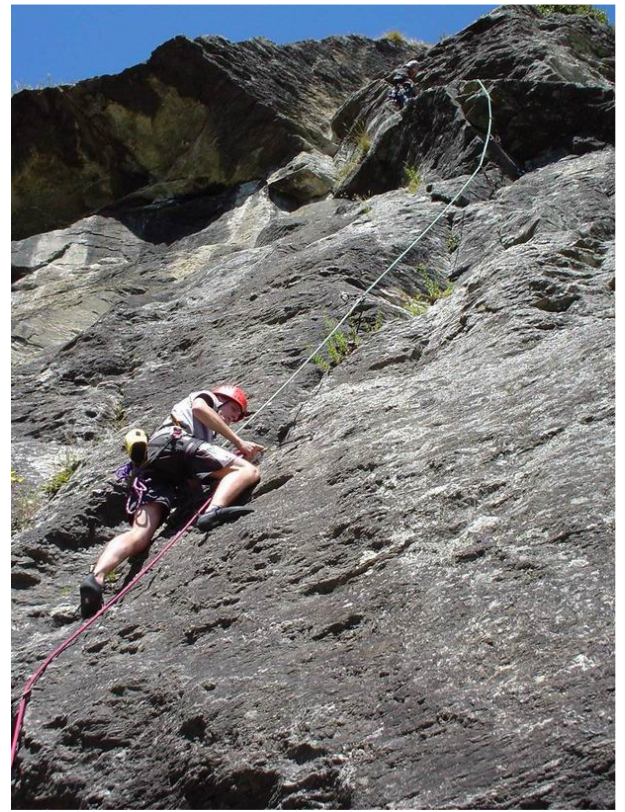
  
Price

1:1 NZ\$ 1,850\*  
1:2 NZ\$ 1,100/person\*  
1:3 NZ\$ 950/person\*  
1:4 NZ\$ 700/person \*

Rock climbing is a great sport, it's mentally and physically challenging and quite addictive! Once you're on the rock all other concerns drift away as you concentrate on the climb ...putting together a sequence of movements that will see you surmounting the apparently impossible. It feels pretty good heading home, tired yet energised you're already planning your next day out.

**What is the attraction of rock climbing?** Have you ever watched primates effortlessly swinging through trees, or children on a jungle-gym and thought 'that looks like fun', with a glimmer of remembering just how much fun ? If you have, then you're close to understanding why rock climbing is so captivating.

Rock climbing is more than just fun, it's mentally and physically challenging. Once you're on the rock it's possible to achieve a state of mind where everyday concerns melt away and be left with a clarity of thought where anything seems possible. A sequence of movements initially considered impossible, will come together with the fluidity of a ballet dancer, the forward planning of a chess master.



## course content

Try a three day introduction and grounding in all the fundamental principles & techniques of rock climbing with your private group. Place a foot on a tiny ledge, then carefully transfer your weight onto it by pulling on the side hold out to the right. Standing gently you stay in balance, move your left hand up where a gas pocket in the schist beckons. It's a jug! You look up at your belayer and grin, you haven't noticed the rope but as you moved it moved too, protecting you. You hardly noticed the drop below either, as you've been too busy figuring out the moves. Knowing you are secure from the rope you look around, it's incredible, the adrenalin flow heightens your state of awareness and there's nowhere else you'd rather be! Get your group together and book your private guide.



## sample itinerary

day one	Local crag day. Here we teach and coach you the basic skills of movement on rock, learning easy rope techniques to get you started in this incredible sport. By the end of the day you will have a good grasp of the basics and be eager for more
day two	We build on skills ... learn about anchor placements with natural gear and more climbing. After lunch we work on abseiling skills and finish off with more climbing
day three	We will spend today at an alpine rock location (weather depending -- Wye Creek or Chinaman's Bluff, Treble Cone, Remarkables). Here we continue to build on skills developed so far and introduce you to leading. We move into a taste of alpine rock climbing as the climax of this course

## logistics

duration	3 days
price	1:1 guide-client ratio NZ\$ 1,850* 1:2 NZ\$ 1,100 per person* 1:3 NZ\$ 950 per person* 1:4 NZ\$ 700 per person *
access	local areas and multipitch on last day
season	November through April
guide-client ratio	1:4 max
prerequisites	Good fitness always makes a course more enjoyable
accommodation	local*
bonus	▲ climbing equipment included except rock shoes which can be rented

\*The course price includes; qualified guide/instructor, permit fees, lunch each day on the Ready to Rock program, climbing equipment except for rock shoe rental. You will be responsible for your own local accommodation (from NZ\$20 per night), breakfast and dinner.

## about aspiring guides

- ▲ Since 1990... our website has details on our team.
- ▲ **We are about action.** We will spend as much time in the mountains as possible actually climbing peaks and developing skills. You don't gain judgment, skills and safe practices in the classroom.
- ▲ We are **specialists** in ascents and instruction courses. Attending one of these specialist courses will shortcut the road to mountaineering proficiency.
- ▲ Our trips offer the 'wilderness' approach to the mountains. We retain the option to stay in alpine huts ... with fine weather we will base ourselves from alpine camps (often combined with an overnight bivouac). This factor alone offers a greater perception and awareness of the mountain environment.
- ▲ Our **specialist** guides are NZMGA / IFMGA certified. They have impressive backgrounds with inspiring futures. They are friendly and personable; focused on delivering a safe, enjoyable and informative trips. In order to gain these qualifications guides must undergo rigorous training and assessment on climbing skills, instructional skills, avalanche training and assessment, wilderness first aid, rescue training and much more. The qualification takes many years (5-7) to attain and ensures you are receiving a professional service.



- ▲ We maintain a maximum guide to client ratio of 1:4 to reduce our impact on an area and give participants the best possible attention by the guide.
- ▲ Our activities are based in the Mount Aspiring, Westland, Cook, Fiordland National Parks, one of the most scenic and unspoilt alpine regions in the world. There are numerous peaks and routes of various difficulties making this an ideal training ground for any of the world's mountain ranges.
- ▲ The most important attributes in mountaineering are a solid climbing standard and mountain awareness; sound judgement of your own ability; good preparation and decision-making skills

## we care about you

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We want to maximise your chance of having a mountain experience that is successful and enjoyable. Our philosophy here at Aspiring Guides is such that we aim to cover all aspects of a mountaineering trip with you. This includes preparatory housekeeping matters too: let us know what you do/don't like eating, any allergies/medical conditions, and any special requests. We recognise that the world of mountaineering presents a challenge right from the start; namely; getting the detailed information, selecting the right option and having faith in the guiding company you decide to invest your time and money with.

## location and itinerary

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We will meet you in Wanaka at the scheduled appointment time, usually 8:30am on day one. The Aspiring Guides office is situated at 99 Ardmore Street, Wanaka on the main thoroughfare and only 50 metres from the shores of Lake Wanaka. Wanaka is the gateway to the Mount Aspiring National Park, and the Southern Alps. Our office staff can offer advice with accommodation and shuttle reservations, and of course, local attractions. Wanaka is very popular during the winter and summer months. Please arrange your accommodation as early as possible.

## booking and cancellations

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NZ\$500 deposit per person confirms your booking. Full payment must be made 60 days before commencement date. If the balance is not received by the specified date, we reserve the right to cancel your booking and your deposit will be forfeited, unless a delay in your payment has been agreed by a director of Aspiring Guides Limited. Should you cancel your booking for any reason you will receive a full refund less a cancellation fee: more than 60 days NZ\$200 per person, between 60 and 30 days NZ\$500 per person, between 29 and 15 days 75% of the total course or trip fee. Cancellation less than 15 days or during your trip no refund will be given.

## weather

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In summer the general mountain climbing season runs from November through April with the warmest month being January with 16 hours of daylight on the longest day. Temperatures can remain high during this period by day and drop to - 5 degrees Celsius overnight.

In November and December we can expect more snow cover on the routes, and as temperatures warm up into the summer months of January and February, we traditionally experience more settled weather and mixed climbing conditions such as snow, rock and ice). March and April bring late summer conditions which are mainly a combination of rock and ice routes. Generally we experience our first alpine snowfall mid May onwards.

The mountains are immune to human plans and expectations. Be prepared for all conditions, it could be hot, cold, sunny and stormy within a 24 hour period. When the weather is bad in the mountains we will make a decision whether to attempt entering the mountains on each given day. Your guides are very experienced and will attempt to the best of their ability to make the best decision they can. In the unlikely event adverse weather prevents a trip from immediately moving into the mountains, you have the opportunity to carry out sub alpine adventures and skill development activities until the conditions improve. This decision will be made by your guides to optimise and make



valuable use of your time. Fortunately there is a lot which can be achieved during bad weather from Wanaka. Some of the best rockclimbing in New Zealand is 15 minutes drive from our office. These cliffs are set up with sport climbing routes as well as quality 'natural' lines providing an ideal venue for ropes skills training, developing rescue techniques, and even for working on your rock climbing skills. Alternative locations and activities will be reviewed with you.

In the unlikely event of a trip being held up longer than anticipated in the mountains, for any reason, AN ADDITIONAL CHARGE OF NZ\$450 PER GUIDE PER DAY IS CHARGED (this is a cost price and will be divided between the trip participants). Your guide/s are working until you return to our offices at the trip finish.

## meals and snacks

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Energy snacks and nutritious meals are an essential ingredient in helping you perform to your highest standard. We provide excellent meals and plenty of it. We cater for your specific dietary requirement.

## maps and guidebooks

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We have maps and guide books available for purchase in our office. Alternatively, we can post these to you.

## valuables and luggage

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Additional luggage and valuables can be securely stored at our office during your trip.

## insurance

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We strongly recommend that all our clients carry travel insurance which covers you while travelling to and from NZ, luggage mishaps, and in case you have to cancel your trip. The New Zealand Accident Compensation System (ACC) will cover most of the expenses relating to an evacuation and/or medical treatment/rehabilitation in the unlikely event of an accident occurring. This service may not apply to evacuation costs for personal medical conditions. You are not entitled to bulk payments for compensation and you cannot claim damages for costs under the ACC act (no legal action can be made in NZ). Whilst our focus is on safety we will not be responsible for any evacuation or medical costs resulting from any accident. Likewise equipment damage or loss remain your responsibility. Some insurance companies can provide adventure activities' cover - if you wish to investigate this option further, please contact our office for information.

## communication and messages

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Our climbing trips and courses are in radio and satellite phone communications with our Operations/Safety base and the Department of Conservation local office who manages each National park area. We obtain weather information and coordinate helicopters through these channels. In some circumstances mountain radio links are available for the relay of any urgent messages.

## fitness & health

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To make the most of your learning experience it is advisable to be fit enough to partake in the activities with enough stamina to get the most participation and enjoyment. We have two editorials on our website (Online Magazine) on how to prepare for mountaineering. Your guide places special focus on fitness levels and will regulate the pace accordingly.

## how to book

To register for a trip, you can book online through our excellent website. Your deposit of NZ\$500 may be paid by Visa or Mastercard, or bank transfer (NZ only). The forms required can be found on our website. Our booking terms and conditions are detailed on our online booking form on our website. Balance of payment is required 60 days before your trip start.

We will send an appointment email approximately 4 weeks before your trip is due to commence. We will provide final information and ask for more information from you, e.g. dietary requirement, trip objectives and/or concerns, height and weight, fitness and any equipment rental required.

You can fly to Wanaka from Christchurch on a twice daily service ([www.airnz.co.nz](http://www.airnz.co.nz)). Alternatively if this connection is not possible from Christchurch, fly to Queenstown, which is 1.5 hours by shuttle from Wanaka and costs NZ\$35 - [http://www.time2.co.nz/transport/wanaka\\_connexions](http://www.time2.co.nz/transport/wanaka_connexions). Wanaka Connexions also shuttle from Christchurch and Dunedin to Wanaka. Direct Trans-Tasman flights are available to Queenstown, Dunedin & Christchurch. Intercity express coachlines provide a service from Christchurch to Wanaka departing 7:45am and arriving at Wanaka 2:10pm. (contact 0800-100-663 or [www.intercitycoach.co.nz](http://www.intercitycoach.co.nz)).

We look forward to sharing your aspirations...  
and the opportunity of climbing with you in the future

the team @ aspiring guides

