

# multipitch alpine rock




  
season  
Nov- Apr

  
access  
local crags

  
guide ratio  
up to 1:4

  
Bonus  
gear provided except shoes

  
Price  
  
1:1 guide-client ratio  
NZ\$3,450  
  
1:2 guide-client ratio  
NZ\$ 2,450 per person

Our 6 day multipitch alpine rock conversion is ideal for anyone who climbs occasionally and wants to learn more; wants to adapt from gym climbing to natural rock; progress from top roping to leading ; from clipping bolts to placing gear anchor building and rescue techniques. Push your grade and learn those areas which may be gaps in your technical repertoire and just have a concentrated burst of climbing with professional instructors, putting it all together having fun getting lots of climbing mileage. Prerequisites for this course would be our Basic Rock or equivalent background and able to second grade 15 (5.7)

## course content

Try a three day introduction and grounding in all the fundamental principles & techniques of rock climbing with your private group. Place a foot on a tiny ledge, then carefully transfer your weight onto it by pulling on the side hold out to the right. Standing gently you stay in balance, move your left hand up where a gas pocket in the schist beckons. It's a jug! You look up at your belayer and grin, you haven't noticed the rope but as you moved it moved too, protecting you. You hardly noticed the drop below either, as you've been too busy figuring out the moves. Knowing you are secure from the rope you look around, it's incredible, the adrenalin flow heightens your state of awareness and there's nowhere else you'd rather be! Get your group together and book your private guide.





## sample itinerary

day one & two	are run on the local Wanaka crags and review all basic techniques and just climb, climb
day three	The emphasis today is on technical systems, especially anchor building, rescue systems including raises and lowers of another injured climber as well as self rescue (prussiking). We move venue to Twin Streams, near Mount Cook village (2.5 hours drive). We camp overnight or stay at the local Unwin hut. This location is weather dependant - alternative locations "Remarkables/Chinaman's Bluff"
day four-six	From Glentanner Station, we move to base camp, flying by helicopter, past scree and alpine flora and fauna, meandering down the stream, life is but a dream ... The afternoon we move onto multi-pitch climbing. Day 5 is a big day of multi-pitch climbing, returning to the tent camp that evening. Day 6 Climb in the morning and a chance to go over anything in particular that you wish to refresh such as natural anchors or raises & lowers. Mid-afternoon, we fly back to Glentanner Station and drive to Wanaka

## logistics

duration	6 days
price	1:1 guide-client ratio NZ\$ 3,450 1:2 guide-client ratio NZ\$ 2,450 per person*
access	Day field trips PLUS multipitch rock location such as "Remarkables/Chinaman's Bluff" or Mt. Cook village & Twin Streams - fly-in and fly-out (additional cost)
season	November through April
guide-client ratio	1:4 max
prerequisites	Good fitness always makes a course more enjoyable
accommodation	Local & Unwin hut & camping
bonus	▲ climbing equipment included except rock shoes which can be rented

\*The course price includes; qualified guide/instructor, permit fees, lunch each day on the 2 local day trips, all meals and energy snacks once we depart for alternative location, climbing equipment except for rock shoe rental. You will be responsible for your own local accommodation (from NZ\$25 per night), breakfast and dinner the first two local trip days. A short flight (if required) in and out of Twin Streams is an additional extra cost.

## about aspiring guides

- ▲ Since 1990... our website has details on our team.
- ▲ **We are about action.** We will spend as much time in the mountains as possible actually climbing peaks and developing skills. You don't gain judgment, skills and safe practices in the classroom.
- ▲ We are **specialists** in ascents and instruction courses. Attending one of these specialist courses will shortcut the road to mountaineering proficiency.
- ▲ Our trips offer the 'wilderness' approach to the mountains. We retain the option to stay in alpine huts ... with fine weather we will base ourselves from alpine camps (often combined with an overnight bivouac). This factor alone offers a greater perception and awareness of the mountain environment.
- ▲ Our **specialist** guides are NZMGA / IFMGA certified. They have impressive backgrounds with inspiring futures. They are friendly and personable; focused on delivering a safe, enjoyable and informative trips. In order to gain these qualifications guides must undergo rigorous training and assessment on climbing skills, instructional skills,



avalanche training and assessment, wilderness first aid, rescue training and much more. The qualification takes many years (5-7) to attain and ensures you are receiving a professional service.

- ▲ We maintain a maximum guide to client ratio of 1:4 to reduce our impact on an area and give participants the best possible attention by the guide.
- ▲ Our activities are based in the Mount Aspiring, Westland, Cook, Fiordland National Parks, one of the most scenic and unspoilt alpine regions in the world. There are numerous peaks and routes of various difficulties making this an ideal training ground for any of the world's mountain ranges.
- ▲ The most important attributes in mountaineering are a solid climbing standard and mountain awareness; sound judgement of your own ability; good preparation and decision-making skills

## we care about you

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We want to maximise your chance of having a mountain experience that is successful and enjoyable. Our philosophy here at Aspiring Guides is such that we aim to cover all aspects of a mountaineering trip with you. This includes preparatory housekeeping matters too: let us know what you do/don't like eating, any allergies/medical conditions, and any special requests. We recognise that the world of mountaineering presents a challenge right from the start; namely; getting the detailed information, selecting the right option and having faith in the guiding company you decide to invest your time and money with.

## location and itinerary

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We will meet you in Wanaka at the scheduled appointment time, usually 8:30am on day one. The Aspiring Guides office is situated at 99 Ardmore Street, Wanaka on the main thoroughfare and only 50 metres from the shores of Lake Wanaka. Wanaka is the gateway to the Mount Aspiring National Park, and the Southern Alps. Our office staff can offer advice with accommodation and shuttle reservations, and of course, local attractions. Wanaka is very popular during the winter and summer months. Please arrange your accommodation as early as possible.

## booking and cancellations

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NZ\$500 deposit per person confirms your booking. Full payment must be made 60 days before commencement date. If the balance is not received by the specified date, we reserve the right to cancel your booking and your deposit will be forfeited, unless a delay in your payment has been agreed by a director of Aspiring Guides Limited. Should you cancel your booking for any reason you will receive a full refund less a cancellation fee: more than 60 days NZ\$200 per person, between 60 and 30 days NZ\$500 per person, between 29 and 15 days 75% of the total course or trip fee. Cancellation less than 15 days or during your trip no refund will be given.

## weather

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In summer the general mountain climbing season runs from November through April with the warmest month being January with 16 hours of daylight on the longest day. Temperatures can remain high during this period by day and drop to - 5 degrees Celsius overnight.

In November and December we can expect more snow cover on the routes, and as temperatures warm up into the summer months of January and February, we traditionally experience more settled weather and mixed climbing conditions such as snow, rock and ice). March and April bring late summer conditions which are mainly a combination of rock and ice routes. Generally we experience our first alpine snowfall mid May onwards.

The mountains are immune to human plans and expectations. Our one day weather contingency is a great benefit to trips and courses. Be prepared for all conditions, it could be hot, cold, sunny and stormy within a 24 hour period. When the weather is bad in the mountains we will make a decision whether to attempt entering the mountains on each given day. Your guides are very experienced and will attempt to the best of their ability to make the best decision they can. In the unlikely event adverse weather prevents a trip from immediately moving into the mountains, you have the opportunity to carry out sub alpine adventures and skill development activities until the conditions improve.



This decision will be made by your guides to optimise and make valuable use of your time. Fortunately there is a lot which can be achieved during bad weather from Wanaka. Some of the best rockclimbing in New Zealand is 15 minutes drive from our office. These cliffs are set up with sport climbing routes as well as quality 'natural' lines providing an ideal venue for ropes skills training, developing rescue techniques, and even for working on your rock climbing skills. Alternative locations and activities will be reviewed with you.

In the unlikely event of a trip being held up longer than anticipated in the mountains, for any reason, AN ADDITIONAL CHARGE OF NZ\$450 PER GUIDE PER DAY IS CHARGED (this is a cost price and will be divided between the trip participants). Your guide/s are working until you return to our offices at the trip finish.

## meals and snacks

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Energy snacks and nutritious meals are an essential ingredient in helping you perform to your highest standard. We provide excellent meals and plenty of it. We cater for your specific dietary requirement.

## maps and guidebooks

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We have maps and guide books available for purchase in our office. Alternatively, we can post these to you.

## valuables and luggage

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Additional luggage and valuables can be securely stored at our office during your trip.

## insurance

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We strongly recommend that all our clients carry travel insurance which covers you while travelling to and from NZ, luggage mishaps, and in case you have to cancel your trip. The New Zealand Accident Compensation System (ACC) will cover most of the expenses relating to an evacuation and/or medical treatment/rehabilitation in the unlikely event of an accident occurring. This service may not apply to evacuation costs for personal medical conditions. You are not entitled to bulk payments for compensation and you cannot claim damages for costs under the ACC act (no legal action can be made in NZ). Whilst our focus is on safety we will not be responsible for any evacuation or medical costs resulting from any accident. Likewise equipment damage or loss remain your responsibility. Some insurance companies can provide adventure activities' cover - if you wish to investigate this option further, please contact our office for information.

## communication and messages

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Our climbing trips and courses are in radio and satellite phone communications with our Operations/Safety base and the Department of Conservation local office who manages each National park area. We obtain weather information and coordinate helicopters through these channels. In some circumstances mountain radio links are available for the relay of any urgent messages.

## fitness & health

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To make the most of your learning experience it is advisable to be fit enough to partake in the activities with enough stamina to get the most participation and enjoyment. We have two editorials on our website (Online Magazine) on how to prepare for mountaineering. Your guide places special focus on fitness levels and will regulate the pace accordingly.



## how to book

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To register for a trip, you can book online through our excellent website. Your deposit of NZ\$500 may be paid by Visa or Mastercard, or bank transfer (NZ only). The forms required can be found on our website. Our booking terms and conditions are detailed on our online booking form on our website.

We will send an appointment email approximately 4 weeks before your trip is due to commence. We will provide final information and ask for more information from you, e.g. dietary requirement, trip objectives and/or concerns, height and weight, fitness and any equipment rental required.

You can fly to Wanaka from Christchurch on a twice daily service ([www.airnz.co.nz](http://www.airnz.co.nz)). Alternatively if this connection is not possible from Christchurch, fly to Queenstown, which is 1.5 hours by shuttle from Wanaka and costs NZ\$35. We can provide you with all the relevant information on shuttles and accommodation.

We look forward to sharing your aspirations....  
and the opportunity of climbing with you in the future

the team @ aspiring guides

