

equipment list for upper wilkin trek -----

Summer weather is usually quite warm in the Wilkin Valley. However it is a remote mountain route and winter type conditions can happen any time of year. If you have any questions about the clothing list below, please be sure to contact us at action@aspiringguides.com. There will be time to make last minute purchases.

personal equipment checklist

Body

- Thermal long underwear top and bottom
- Midweight fibrepile sweater
- Polarfleece jacket
- Goretex (or similar) jacket and overpants (waterproof)
- Lightweight shorts and cotton shirt for warm weather

Feet

- Hiking boots / shoes (broken in hopefully)
- 3 pair warm socks
- Gaiters are optional

Head

- Warm hat which covers ears
- Sun hat
- Sun glasses
- Sun cream and lip cream

Hands

- Wind proof warm gloves or mittens

Accessories

- Personal toiletries and medication
- Camera and film
- Insect repellent
- Headtorch or flashlight
- Optional : Collapsible trekking pole (3 section pole best to fit into a small pack)

We supply sleeping bags & liners, sleeping pads at the campsites.

Often people prefer to use their own backpacks. We supply a midsize pack for those who want one. You do not need a large pack. A 30-40 litre pack is fine- Mac Pac Pursuit is a good example. We supply snack foods throughout each day. If you have any questions about the clothing list, please be sure to contact us at climb@aspiringguides.com

PLEASE TICK :

- I have all my own equipment
- I would like Aspiring Guides : Wild Walks to supply me with :

Name : _____