

## COURSE EQUIPMENT

2007/ 2008 RENTAL PRICES

IFMGA-NZMGA mountain guides  
**EQUIPMENT INCLUDED & RENTAL**

Name: \_\_\_\_\_

### SECTION A – NO CHARGE

	OWN	REQUIRE
Climbing helmet		
Crampons - preferably clip on with anti balling plates		
Ice axe - standard curve and length (65cm – 80cm) sling to be rated tubular tape		
Ice hammer		
Ice Screws x 1		
Quickdraws x 1		
Snowstake		
Climbing harness and belay device		
Carabiners - Screw lock x 3 Snap link x 3 ; Prussic slings ( 6mm) - 1 x 2.8m ) - 2 x 1.6 m (loop length) ;		

**All items in Section A supplied at NO CHARGE**

SECTION B	OWN	RENT	\$	TOTAL	TOTAL
			DAY	DAYS	RENTAL
Bivvy bag			5		
Climbing Boots – Plastic or equivalent**			15		
Headlamp (battery not included) with one set of spare batteries			5		
Avalanche transceiver (trip dependent)			10		
Back pack ( 60 - 70 litres) with 2 ice axe & crampon attachments			10		

### PLEASE SPECIFY BOOT SIZE IN EUROPEAN SIZE \_\_\_\_\_

- RENTAL PRICES ARE IN NZ\$ / DAY; PER ITEM or AT THE COMBINED DAILY RATE
- THE HIRER IS RESPONSIBLE FOR ANY EQUIPMENT LOSS or DAMAGE

## PERSONAL EQUIPMENT

**(Note: we are able to purchase items on your behalf – see our website for details)**

- Polar Fleece jacket medium-heavy weight with full zip (200 weight)
- Lightweight Polar Fleece top (100 weight) or woollen shirt (eg. Icebreaker)
- Long sleeve cotton shirt for sun protection
- Polypropolene shirts x 2 (preferably merino wool, ie, Icebreaker) – no cotton
- Thermal longjohns ( polypro - merino wool preferably, ie. Icebreaker)
- Light pair of “quick dry” shorts x 1, Underwear, hankerchiefs
- Socks x 2 pairs liners, plus 2pairs medium thickness on top
- Sunhat and cotton scarf for sun protection (brim hat is best)
- Down Jacket (optional)
- Snow gaiters

- Fleece hat / balaclava

- Thin polypropolene gloves x 2
- Mid-weight woollen or fleece gloves x 1 (tip: sew on keeper straps)

### STORM PROOFS

- Parka – water & wind proof
- Over trousers - full leg zips
- Gaiters – full calf length
- Shell finger gloves with fleece or woollen liners & keeper straps

### GENERAL (Tag as much of your gear as you can)

- Sleeping bag – Down / Synthetic (3-4 season weight)
- Sleeping pad – closed cell foam & / or thermarest (both for most comfort)
- Map, compass, compact notepad and pencil
- Water bottle 2 x 1 litres wide mouth, and Plastic bowl, cup and cutlery

- Sun glasses with good side protection and Snow goggles
- Sun block and lip screen – maximum protection!
- Lightweight track shoes or strong sandals (tevas or like)
- Swiss army knife or leatherman
- Small first aid kit including; blister tape, 2<sup>nd</sup> skin, anti-flam suppressant
- Toilet bag and any medication required; toothbrush
- Large water proof pack liner or heavy duty plastic bin liners
- Collapsible trekking pole
- Rock shoes (if you have them)